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# **Exploring the Genetic Basis of Residual Feed Intake (RFI) for Predicting Feed Efficiency in Beef Bulls**

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#### **SUMMARY**

Residual feed intake (RFI) is defined as the difference between actual feed consumption and the predicted feed intake based on a bull's live weight, growth, and maintenance needs. Bulls with low RFI values are considered more efficient because they have reduced feed costs compared to those with high RFI values. Identifying marker genes that control RFI is challenging due to the significant variation in differentially expressed genes (DEGs) and the antagonistic expression of genes that regulate the RFI trait in bulls. In this literature review, we searched for potential genes, their positional single nucleotide polymorphisms (SNPs), their chromosomal locations, and their expression patterns to better understand the regulation of RFI traits in bulls. Based on specific inclusion criteria, this review explored over 200 studies on RFI in beef bulls and steers published between 2012 and 2022. The review utilized genome-wide association studies (GWAS) and gene set enrichment analysis (GSEA) and identified 511 genes located on 240 chromosomal loci in 7,992 beef bulls. Of these genes, 52 were consistently reported as modulating RFI, while 469 were unique and only reported once. During this period, 228 of the 244 chromosomal loci were reported multiple times, while 16 were reported only once. The literature search revealed that 11 studies linked the bovine chromosome 6 (BTA6) to RFI quantitative trait loci (QTLs) in bulls. Similarly, eight studies linked BTA8, ten linked BTA7, and eight linked BTA11 to RFI QTLs. Additionally, 228 SNPs were identified across 30 chromosomal locations between 2012 and 2023. This review provides novel insights into the molecular mechanisms underlying feed efficiency (FE) regulation and lays the groundwork for identifying molecular markers associated with FE in bulls across all breeds and populations.

### **KEY WORDS**

Beef cattle; residual feed intake; feed efficiency; genomics; GWAS; GSEA.

## **INTRODUCTION**

In 2023, the United States ranked 9th globally in cattle population, with 94.4 million cattle. A significant portion of the financial resources allocated to cattle production is consumed by feed expenditures, which account for 55% to 75% of the overall costs in beef cattle farming (1). This makes feed efficiency (FE) a critical factor in the profitability of the livestock industry, especially since feeding costs are often volatile and beyond the direct control of producers (2). One of the key metrics used to evaluate FE is RFI, which measures the difference between an animal's actual feed intake and its expected feed intake based on maintenance and growth. Improving RFI is essential because it directly impacts FE and overall cost reduction in cattle production. For example, studies suggest that reducing the feedto-gain ratio from 2.75 to 2.45 could save U.S. bull producers an estimated \$500 million annually (5). The European Union

similarly estimates that feed and sustainability account for about three-quarters of total costs (3, 4), highlighting the global importance of optimizing FE through metrics like RFI.

RFI is a heritable trait in bulls that can be selected to improve feed intake and feed conversion ratio (FCR) (6). Bulls with high RFI typically have higher daily dry matter intake (DMI) and a less efficient FCR, while bulls with low RFI exhibit the opposite pattern (7). Cow-calf producers also recognize the economic significance of RFI in bull sales (8).

RFI is a metric used to assess the efficiency of feed utilization in beef cattle. It is determined by calculating the discrepancy between the actual amount of feed consumed and the expected amount. The trait is influenced by both genetic and environmental factors, with heritability estimates ranging from 0.30 to 0.35 (9). RFI can serve as a selection criterion for optimizing animal efficiency and reducing feed costs while maintaining production levels. However, the effectiveness of its application in breeding programs is debated, with some suggesting that a more precise approach might involve selecting based on individual traits (10). Studies have explored the genetic basis of RFI and identified genes that are expressed differently in beef cattle with high and low RFI (11-14). These findings suggest that RFI could be valuable in animal breeding. Nevertheless, further research is needed to fully understand its genetic basis and enhance its application.

The focus of breeding goals has shifted from increasing the number of beef cattle to selecting feed-efficient bulls in order to obtain the best heritable traits in the beef industry (15-17). However, accurately estimating RFI is costly due to the need for expensive equipment, labor, and, most importantly, the use of individual animals for measurement (18). Selecting feed-efficient bulls based on RFI has significant economic and environmental advantages for the beef industry. By choosing bulls with lower RFI, producers can reduce bull maintenance costs by 9-10%, while simultaneously cutting methane emissions by 25-30% and lowering manure output (19). These combined benefits make RFI an important trait for improving overall sustainability in cattle farming. Additionally, multiple studies have shown that RFI has a moderate heritability, ranging from 0.18 to 0.41 in heifers (20, 21), making it a viable selection criterion to enhance FE alongside traits like faster growth and reduced body fat. While determining RFI phenotypes requires the costly and challenging collection of average daily feed intake (ADFI), identifying genes or markers associated with RFI would allow for more efficient, marker-assisted selection for FE at an early age, reducing reliance on direct ADFI measurements. Therefore, RFI could be an excellent alternative for improving FE in bulls (22). RFI has become a preferred metric for characterizing the FE of bulls because it offers energy savings beyond those related to growth and maintenance, accounting for variations between animals at different stages of production and development (23). This literature review will explore the genetic basis of RFI.

#### **RESIDUAL FEED INTAKE (RFI) CALCULATION AND MEASUREMENT**

RFI measures an animal's FE by calculating the difference between its actual feed intake and the expected intake based on its size and growth rate. A lower RFI indicates greater FE, as the animal consumes less feed without sacrificing growth (20, 24). This study explores the current knowledge on RFI, which has been shown to have moderate heritability. Selecting for low RFI can produce offspring that consume less feed while maintaining the same productivity levels as higher RFI cattle.

According to Nielsen et al. (4), accurately quantifying feed intake in national cattle evaluation systems is essential because variations in feed intake among cattle cannot be determined solely based on body weight and productivity levels. To address this, a standardized criterion has been developed for measuring, recording, and assessing FE, requiring RFI data over a period of at least 70 days (approximately 2.5 months) (25). Additionally, a 21-day acclimatization period, live weight measurements on two consecutive days at the start and end, and periodic measurements at irregular intervals have been included (26). Some recent studies have shortened the testing interval (27, 28), such as measuring body weight over 63 days (29) and 84 days, as defined by Manafiazar et al. (30). The shortest duration noted is between 35 and 42 days. However, reducing the RFI testing period may impact the accuracy of the results, as it has been shown to decrease the Spearman correlation coefficient by 5% to 7% (30). The accuracy of shorter test durations depends on factors such as animal growth rate and diet composition (31).

RFI is the difference between an animal's actual feed consumption and its expected feed consumption. A bull with a negative RFI is considered efficient, as it consumes less feed than expected based on its body weight and growth rate. However, the application of RFI as an indicator of FE is limited by the lack of facilities capable of recording daily feed intake for each bull, as well as the associated costs (32). While the regressionbased calculation of RFI is independent of the traits used to calculate DMI phenotypically, it does not guarantee genotypic independence (33). The traditional multiple regression model used in many studies to predict DMI typically includes metabolic live weight and average daily gain (ADG).

#### **OUTLINING THE GENETIC SELECTION OF RFI**

RFI is a polygenic trait, meaning multiple genes contribute to its expression. Identifying key candidate genes or markers associated with RFI can facilitate marker-assisted selection (MAS) for FE, offering a cost-effective alternative to traditional methods like measuring ADFI. Recently, research has been focused on the development of selection lines for RFI to establish a resource population for studying the biological and genetic elements of RFI (34).

Next-generation sequencing technology and genome-wide association studies (GWAS) employing high-density single nucleotide polymorphism (SNP) genotypes are effective methodologies for identifying genes or genomic areas that account for the variability observed in livestock attributes (35). Using genomic methodologies presents new possibilities for identifying and selecting bulls with enhanced efficiency. By establishing the associations between genetic markers and FE, it becomes possible to extrapolate this knowledge to bulls who have been genotyped but have not undergone expensive phenotypic assessments of feed intake (36).

Since 2000, noteworthy progress has been made in high throughput genotyping and sequencing methods, leading to the development of high-density SNP chips. An example of such a chip is the Illumina Bovine SNP50 Bead Chip (37). Using the Bovine SNP50 in the context of beef cattle has enhanced precision in estimating animals' genetic worth (38). Implementing these advancements in bulls' production will yield advantages for several qualities, particularly those that are challenging to quantify or necessitate animal slaughter for phenotype recording, such as FE and carcass attributes (39). Multiple GWAS have provided evidence suggesting that numerous genes contribute to FE features, with the bulk of these genetic effects being of small magnitude (40-45). However, despite the extensive investigation of several SNPs, the comprehensive understanding of the genetic framework underlying FE remains incomplete. The Present study integrates the research of Yang et al. (46) and other researchers (34, 47-62) to predict 527 genes requiring further investigation to pinpoint the exact mutations causing differences in FE in steers or bulls, as shown in Table 1.

This paper reviews and gives an in-depth look at the genes linked to FE in bulls found in beef cattle through GWAS and Gene set enrichment analysis (GSEA) from 2012 to 2023. During this time frame, 511 genes related to regulating the RFI characteristic in bulls were identified among 30 chromosomes. Among the 511 identified genes, 52 had been repeatedly reported commonly in this investigation and considered very crucial in con-

trolling the RFI trait, while the other 469 were unique as reported single time. We looked at these genes in 7,992 bulls or steers using GWAS and GSEA analysis. Furthermore, this literature review identified that eleven studies linked the bovine chromosome 6 (BTA6) to quantitative trait loci (QTLs) that control the RFI trait in bulls. Ten studies linked BTA7 to QTLs that control the RFI trait, and eight studies linked BTA8 to QTLs that control the RFI trait. Lastly, eight studies linked BTA11 to QTLs that control the RFI trait. This review found 228 SNPs in 30 chromosomal locations between 2012 and 2023.

The study also covers the breed(s) of beef cattle /steers, sample size, country of research, and statistical method used to analyze the impact of different genes on FE in bulls during the specified period. Overall, the research has enhanced comprehension of the genetic elements impacting RFI in beef cattle, paving the way for enhanced breeding approaches to increase livestock production efficiency across all bull breeds and populations.

The current study also provides a chart-format overview of the corresponding genes, year, and beef breed used, as shown in Figure 1.

#### **ECONOMIC IMPLICATIONS OF RFI FOR THE BEEF INDUSTRY**

Currently, the focus of selection techniques is on enhancing the efficiency of breeding sires. The reason behind sires is that most genetic improvement occurs when sires transmit their traits to J.A. Ujan et al. Large Animal Review 2024; 30: 241-249 243

ing from enhanced animal efficiency, particularly in the case of replacement of heifers with extended periods of herd tenure, would be substantial. The process of selecting for enhanced FE has the potential to yield several advantageous outcomes for the cow herd. These include a potential decrease of 9 to 10% in maintenance costs, a reduction of 10 to 12% in feed intake, a decrease in methane emissions by 25 to 30% (67, 68), and a reduction in manure production by 15 to 20%, all while maintaining ADG and mature cow size (69). The selection for enhanced efficiency yields substantial economic advantages. According to Crews (70), there is a cost difference of approximately \$38 between feeding an efficient bull and an inefficient bull over 150 days. This cost difference will increase because of the rising grain and fuel costs.

The primary factor influencing the profitability of a beef operation is the reduction of input or production expenses, particularly those related to feeding. This is because cattle farmers have negligible control over the market value of their products (71). Integrating FE into breeding goals would enhance the genetic capacity of animals to exhibit reduced feed intake while sustaining equivalent production levels. Previous studies have provided evidence for the advantageous characteristics of more efficient beef cattle, including reduced DMI, decreased manure generation, and lower methane emissions (67, 68). According to the concept presented by Koch et al. (72) feed intake could be partitioned into two components: anticipated intake based on a specific output level and a residual component representing the disparity between observed and an-



**Figure 1** - RFI genes in different studies.



**Table 1** - An overview of the RFI-linked genes predicted through genome-wide association studies (GWAS) in beef cattle.



*Note:* GSEA (Gene set enrichment analysis), GWAS (Genome Wide Association studies), Qpcr (Quantitative Polymerase Chain Reaction)

ticipated intake. The residual can be used to identify animals exhibiting low (negative) RFI or those displaying high (positive) RFI (73).

Bull selection is the primary way of achieving genetic advancements in the cattle sector. In conjunction with the expansion of growth characteristics, there has been a growing emphasis among buyers of bulls on attributes related to the quality of carcasses (74). Recent developments in whole GWAS have led to a novel metric for assessing individual animal feed consumption, known as RFI. The RFI, independent of growth traits, is determined by subtracting the projected feed intake from the actual feed intake. An animal exhibiting a harmful RFI demonstrates a reduced consumption of feed in comparison to the anticipated amount, indicating a higher level of FE (35). The present review study has shown that machine learning algorithms can discern the most and least feed-efficient groups of beef cattle by utilizing genomic information, thus obviating the need for costly and challenging-to-measure features like feed intake and performance measures. The results of our study indicate that the highest and lowest percentiles (1%, 5%, 10%, and 15%) of the bull population may be identified as the most and least feed-efficient groups through the utilization of SNP markers. This classification method demonstrates high accuracy and can enhance the productivity and competitiveness of the beef industry. Therefore, the enhancement of FE by selecting breeding animals with lower RFI values can impact the profitability and competitiveness of the beef sector. This improvement can account for around 55-75% of the overall production costs as stated earlier (75).

#### **CHALLENGES IN THE ADOPTION OF RFI**

The adoption of RFI in cattle breeding programs faces significant challenges, primarily due to the high costs and technical complexities involved in evaluating this trait (4). In contrast to the utilization of feed conversion as a selection criterion, the utilization of RFI for selection appears to favor animals with reduced feed intake and decreased maintenance needs without any discernible impact on adult weight or weight gain (76- 78). According to Berry et al. (33), utilizing molecular information in genetically assisted selection methods can enhance selection precision and expedite genetic advancement in bull breeding.

Extensive investigation is currently being conducted to ascertain the genetic underpinnings of RFI, and the findings thus far have shown promise (17, 41, 42). Nevertheless, the number of published studies on this topic still needs to be higher. One investigation conducted by Barendse et al. (40), conducted a comprehensive analysis of the entire genome using the Meg Allele Genotyping Bovine 10K SNP panel, as previously described by Hardenbol et al. (79) The average marker spacing on this chip was 325 kilobase pairs (kbp). The genotyping chip was used to analyze the genetic makeup of 189 cattle. This group included various breeds such as Angus, Brahman, Belmont Red, Hereford, Murray Grey, Santa Gertrudis, and Shorthorn. These animals were selected explicitly for having extreme RFI values. It is important to note that this group of bulls was a subset taken from a larger population of 1,472 cattle. In the study above, a total of 161 SNPs were identified as having a significant association  $(P < 0.01)$  with RFI when assessed individually. 76% of total genetic variation was noted among the 20 identified SNPs, positively associated with the RFI trait.

According to the meta-analysis conducted by Berry and Crowley (12), the overall heritability estimates for RFI in developing beef cattle were found to be 0.33, with a range of 0.07 to 0.62. Nevertheless, gene prediction accuracy in male cattle must be higher to select candidates without a suitable phenotypic measurement Kenny et al. (25). The estimation of breeding values that incorporate genomic information relies on the establishment of a reference population in which the trait of interest (such as FE) should have been measured, and bulls have been genotyped using suitable genomic markers (38, 80, 81). However, to our understanding, there is much lacking in the reference population data for beef cattle regarding the validation of the genomic data. The formation of such a population would require addressing various challenges, including diverse breeds, age variations, and nutritional management differences among beef cattle across the different research groups  $(25).$ 

Currently, the primary emphasis of research in the field of genetic regulation of FE in bulls is the discovery of sets of genetic variants that have biological relevance to this feature (82, 62, 83). Extensive studies have been conducted on the genetic underpinnings of RFI in male bovines. In a study conducted by Chen et al. (84), some genes, namely GSTM1, GSTM2, and S100A10, were discovered as exhibiting differential expression in bulls characterized by high and low RFI. In a study conducted Cowan et al. (85), compelling evidence was discovered regarding the presence of a previously unidentified growth hormone allele that is linked to RFI in Holstein bulls. Similarly, another study by Herd and Bishop (86), provided empirical evidence highlighting the heritability of RFI in British Hereford cattle, as well as its positive associations with FCR and predicted maintenance energy expenditure. In a study conducted by Wang et al. (87), the researcher examined the consequences of choosing bulls with low RFI on breeding soundness and reproductive performance. The findings of the study indicated that there were no adverse impacts seen. The findings collectively indicate a multifaceted genetic foundation for RFI in male cattle, which may have significant ramifications for both the efficiency of feed use and reproductive capabilities.

A comprehensive study was conducted by Yang et al. (46), to display the integration and comparison of various transcriptome sequence data through the utilization of differential analysis, including functional enrichment analysis, protein-protein interaction (PPI) network analysis, weighted co-expression network analysis (WGCNA), and GSEA methodology. The researchers made predictions regarding the potential genes and functional analysis pathways strongly associated with beef cattle's RFI. In addition, their study's findings showed the expression of 20,002 genes, encompassing 345 genes that exhibited differential expressions (DEGs). Among these DEGs, 167 genes were upregulated, while 178 genes were observed to be downregulated in their group. Table 2 lists the 50 most upregulated genes and the 10 most downregulated genes and their gene locations. Out of the DEGs analyzed, four candidate genes (SHC1, GPX4, ACADL, and IGF1) were successfully identified and validated as marker genes for RFI in beef cattle.

Nevertheless, these variations must exhibit appropriate robustness across various bull breeds, developmental stages, and nutrition regimens, if they prove advantageous to the overall beef business. In a recent investigation by Seabury et al. (80),

a genome-wide association analysis was performed to investigate the relationship between QTLs and FE-related traits. The study utilized the Illumina Bovine HD (778K) and SNP50 assay platforms to identify QTLs that could potentially be utilized for genomic selection. In addition, some programs seek to integrate global DNA sequence data, such as the Global initiatives, the Canadian Cattle Genome Project, aim to integrate vast amounts of DNA sequence data, providing a foundation for the development of genomics-driven tools that can enhance the efficiency and sustainability of beef production (81), to create genomics-driven tools to improve beef production's effectiveness and long-term viability. The primary objective of joint investigations should center on identifying functional variants, with the support of imputation if required, to establish the association between these variants and economically significant traits such as FE and related characteristics (8). The future achievement in enhancing FE in beef cattle breeding will rely on integrating genetic data into national and international breeding programs that utilize multi-trait genomic selection.

### **CONCLUSION**

This literature review concludes that RFI is an effective measure of FE in beef bulls and steers that is independent of growth and body measurements. The review analyzed over 200 studies conducted from 2012 to 2023, ultimately including 17 research papers that met the inclusion criteria. It identified 511 genes associated with RFI traits, distributed across 30 chromosomes, along with QTL regions for all identified genes. Notably, the study linked QTLs associated with RFI traits to chromosomes BTA6, BTA7, BTA8, and BTA11. Additionally, the review found 228 SNPs across these 30 chromosomal locations between 2012 and 2022. These findings highlight the potential to predict efficient beef bulls without compromising reproductive performance and fertility in multi-sire groups, pending further validation in other populations.

#### **Conflicts of interest**

The authors declare that they have no conflict of interest

#### **Authors Contributions**

All Authors who meet authorship criteria are listed as authors, and all authors certify that they have participated sufficiently in the conception and design of this work or the analysis and interpretation of the data, as well as the writing of the manuscript, to take public responsibility for it. Authors believe the manuscript represents valid work. Furthermore, each author certifies that this material or similar material has not been and will not be submitted to or published in any other publication.

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